

Fitness Instructor - Person Specification

	JOB REQUIREMENT	Essential	Preferred	*How assessed
Qualifications and experience	CYQ Level 2 Gym instructor's certificate or equivalent recognised Register of Exercise Professionals L2 Gym qualification.	✓		A & R
	CYQ Level 3 Personal Trainer or equivalent recognised Register of Exercise Professionals L3 PT qualification.		✓	A
	CYQ Level 3 Exercise referral or equivalent		✓	A
	Register of exercise professionals Level 2 Group exercise qualifications.		✓	A
	Experience of working within a Fitness suite environment		✓	I & R
	Experience of exercise referral programmes		✓	I & R
	Experience of managing routine maintenance and cleaning of a fitness suite environment.		✓	I & R
Personal and Interpersonal	Ability to work independently and within a team in a managed fitness environment	✓		I & R
	Ability to supervise groups of users in a fitness suite or exercise environment		✓	I
	Willing to work on rotation shift patterns to meet the needs of the business	✓		A & I
	Ability to meet agreed objectives on work performance	✓		I
	Empathetic to clients' needs and abilities	✓		A & I
	High level of customer service skills	✓		I
	Ability to deliver a high standard of skill based teaching	✓		I
Staff Development	A commitment to the responsibility of safeguarding and promoting the welfare of young people	✓		I
	Enhanced Disclosure and Barring Service disclosure	✓		
Child Protection	Willingness to undertake Child Protection training when required	✓		I

* A = by application, R = by references, I = assessed by Interview