mind Hull and East Yorkshire

The Education Alliance Trust

Mind in Education

Summer 2025-2026

Secondary Schools Report

THE EDUCATION ALLIANCE

Student Intervention Data

FOCUSED INTERVENTIONS						
Description	**Driffield School**	**Snaith School**	**Malet Lambert School**	**South Hunsley School**	**The Hub**	**Whole Trust Attendance**
1-1 wellbeing drop in sessions	35 Students 102 Sessions	78 Students 193 Sessions	12 Students 19 Sessions	18 Students 34 Sessions	6 Students 36 Sessions	**149 Students** **384 Sessions**
Pupil Resilience Programme						
Wellbeing Ambassador Training						
Big Umbrella 1-1 support		4 Students 14 Sessions	15 Students 51 Sessions	3 Students 19 Sessions		**22 Students** **84 Sessions**
SCHOOL WIDE INTERVENTIONS						
Description	**Driffield School**	**Snaith School**	**Malet Lambert School**	**South Hunsley School**	**The Hub**	**Whole Trust Attendance**
Workshop – Recognising abuse in relationships						
Workshop - Transition & self-care		195 Students 7 Sessions				**195 Students** **7 Sessions**
Workshop - 5 Ways to Wellbeing				0 Students 1 Session		**0 Students** **1 Session**
Workshop - School Life & Exam Stress	1 Student 1 Session	1 Student 1 Session		0 Students 1 Session		**2 students** **3 sessions**
Workshop - Self-Esteem, Confidence				5 Students 1 Session		**5 students** **1 sessions**
Workshop - Resilience & Adult Life		74 Students 3 Sessions		0 Students 1 Session		**74 Students** **4 Sessions**
Workshop – Anxiety				1 Student 1 Session		**1 Student** **1 sessions**
Totals for School	**36 Students** **103 Sessions**	**352 Students** **218 Sessions**	**27 Students** **70 sessions**	**27 Students** **58 Sessions**	**6 Students** **36 Sessions**	**448 Students** **485 Sessions**

Student Feedback

Across the whole trust, 29% of students who were asked to score the service they received out of 10 scored the service at least 10 out of 10. 100% of students who were asked scored the service 7 or more out of 10.

When asked about the workshops, students said that the following had helped them the most: -

- Helping me not to feel anxious
- How to talk about mental health
- Learning to deal with difficult situations and how to handle them
- Open up to people a lot more
- Remembering it is OK to talk about mental health
- That there are strategies to help me and people I can talk to
- Helping me with my emotions especially my anxiety

Most students reported enjoying the following: -

- Being able to have a general conversation and then talking about my feelings towards the topic
- Getting feedback to handle my emotions
- The fact I got to sit down for a few moments and talk about my week and feelings

93% of students who were asked reported that their mental health had improved by 70% or more.

The feedback received from the workshops delivered across the Trust in the Summer term reported that, on average, the workshops were scored 7.2 out of 10. When asked how useful the students have found the workshop, the average score was 6.9 out of 10. In addition, when asked how confident students are that they can now look after their own mental health (after attending the workshops, the average score was 6.9 out of 10.

Some feedback received from the workshops was as follows: -

"It was quite useful with learning about confidence"

"Learning words that could lead to low self esteem"

"Helped me understand my confidence"

"Helped me understand myself more and learn to forget what others think"

Parent & Caregiver Intervention Data

FOCUSED INTERVENTIONS						
Description	Driffield School	Snaith School	Malet Lambert School	South Hunsley School	The Hub	**Whole Trust Attendance**
1-1 wellbeing drop in sessions						
SCHOOL WIDE INTERVENTIONS						
Anxiety skills workshop						
Self-esteem & confidence support						
Workshop - How to have a conversation about mental health						
Parent's evening				28 P&CG 2 Sessions		**28 P&CG** **2 Sessions**
Wellbeing events						
TOTAL				**28 P&CG** **2 Sessions**		**28 P&CG** **2 Sessions**

Parent & Caregiver Feedback

One parent whose child was supported commented: -

"Thank you so much for taking time to investigate this for us, we as a family really appreciate any support

Staff Intervention Data

FOCUSED INTERVENTIONS						
Description	Driffield School	Snaith School	Malet Lambert School	South Hunsley School	The Hub	Whole Trust Attendance
1-1 wellbeing drop in sessions	5 Staff 9 Sessions	2 Staff 4 Sessions	1 Staff 2 Sessions	1 Staff 1 Session		**9 Staff** **16 Sessions**
SCHOOL WIDE INTERVENTIONS						
Workshop - How to have a conversation about mental health						
Workshop - Staff workplace wellbeing						
Wellbeing events						
TOTAL	**5 Staff** **9 Sessions**	**2 Staff** **4 Sessions**	**1 Staff** **2 Sessions**	**1 Staff** **1 Session**		**9 Staff** **16 Sessions**

Staff Feedback

One staff member fed back : -

"it is nice to talk to someone from outside of the school" and went on say that "this is something all staff should be aware of and know how to access"