mind Hull and East Yorkshire

The Education Alliance Trust

Mind in Education

Summer 2025-2026

Primary Schools Report

THE EDUCATION ALLIANCE

Student Intervention Data

FOCUSED INTERVENTIONS							
Description	**Hunsley Primary**	**North Cave Primary**	**Wilberfoss Primary**	**Howden Primary**	**Naburn Primary**	**Beverley Minster Primary**	**Whole Trust Attendance**
1-1 wellbeing drop-in sessions	15 Students 59 Sessions	16 Students 73 Sessions	7 Students 52 Sessions	114 Students 18 Sessions	7 Students 55 Sessions	6 students 61 Sessions	**165 Students** **318 Sessions**
Pupil Resilience Programme			10 Students 14 Sessions				**10 Students** **14 Sessions**
Wellbeing Ambassador Training	7 Students 5 Sessions						**7 Students** **5 Sessions**
We Eat Elephants 1-1 support							
SCHOOL WIDE INTERVENTIONS							
Workshop – How to have a conversation about mental health							
Workshop - Transition & self-care	29 Students 1 Session	19 Students 2 Sessions	95 Students 4 Sessions		2 Students 1 Session		**145 Students** **8 Sessions**
Workshop - 5 Ways to Wellbeing					6 Students 1 Session		**6 Students** **1 Session**
Workshop - School Life & Exam Stress			25 Students 1 Session				**25 Students** **1 Session**
Workshop - Self-Esteem, Confidence							
Workshop - Resilience & Adult Life							
Wellbeing events (e.g WAT lunchtime clubs)			4 Students 1 Session				**4 Students** **1 Sessions**
Totals for School	**51 Students** **65 Sessions**	**35 Students** **75 Sessions**	**141 Students** **72 Sessions**	**114 Students** **18 Sessions**	**15 Students** **57 Sessions**	**6 Students** **61 sessions**	**362 Students** **348 Sessions**

Feedback

The students who attended the 'targeted' sessions were asked to evaluate the sessions they attended. When asked "how confident are you that you can now look after your mental health" , 81% of students asked said that they were quite or very confident since receiving support.

90% of students gave the workshop 7 or more out of 10 when asked to give the intervention a score.

The following feedback was received from the students: -

""'Appreciating people and thinking about giving (in the 5 ways to Wellbeing)"

"Being kind to others"

"Helping other people"

"I have got to know more about the other people in the group"

"I have tried to be kind"

"I like doing the good deeds"

"I liked it when we talked in the group to express our feelings"

"Noticing the six kind things (that people have done for me)."

"Talking about my mental health"

"That if you get hurt or upset you can pick yourself up"

"Talking about things and sharing experiences"

Parent & Caregiver Intervention Data

FOCUSED INTERVENTIONS							
Description	**Hunsley Primary**	**North Cave Primary**	**Wilberfoss Primary**	**Howden Primary**	**Naburn Primary**	**Beverley Minster Primary**	**Whole Trust Attendance**
1-1 wellbeing drop in sessions							
SCHOOL WIDE INTERVENTIONS							
Anxiety skills workshop							
Self-esteem & confidence support							
Workshop - How to have a conversation about mental health							
Parent's evening							
Wellbeing events							
PCG conversations	3 P&CG 12 Sessions	3 P&CG 6 Sessions	1 P&CG 1 Session	4 P&CG 4 Sessions			**11 P&CG** **23 Sessions**
TOTAL	**3 P&CG** **12 Sessions**	**3 P&CG** **6 Sessions**	**1 P&CG** **1 Session**	**4 P&CG** **4 Sessions**			**11 P&CG** **23 Sessions**

Parent & Caregiver Feedback

One year 6 parent thanked our practitioner for her support and reassurance.

Our practitioner attended a parents evening where parents were able to share their views on the service which were all positive. As a result, this has led to other children being referred.

Staff Intervention Data

FOCUSED INTERVENTIONS							
Description	**Hunsley Primary**	**North Cave Primary**	**Wilberfoss Primary**	**Howden Primary**	**Naburn Primary**	**Beverley Minster Primary**	**Whole Trust Attendance**
1-1 wellbeing drop in sessions	1 Staff members 15 Sessions		2 Staff Members 2 Sessions				**3 Staff Members** **17 Sessions**
SCHOOL WIDE INTERVENTIONS							
Workshop - How to have a conversation about mental health							
Workshop - Staff workplace wellbeing							
Wellbeing events							
TOTAL	**1 Staff members** **15 Sessions**		**2 Staff Members** **2 Sessions**				**3 Staff Members** **17 Sessions**

Staff Feedback

Staff who have been supported on a 1:1 basis have said : -

"Many thanks for your time today and for sending the above link (to useful website)."

"I really appreciate our chats! Thank you.